

# Step out of isolation and into **connection**



We welcome you to The Clubhouse, home to Silkworth's Recovery Day Service - a daily drop-in facility open to anyone struggling with alcohol or drug addiction.



## Where is The Clubhouse?

14-16 Rue de Funchal (Formerly James St),  
St Helier, JE2 4TT.  
Buzz for entry through the grey door.  
Tel: +44 (0) 1534 615032

## Opening times

Mon-Fri – 9am-5pm

## Services we provide

### One to one counselling

Wednesdays 9am-12pm  
Sign up in advance at The Clubhouse

### Recovery workshops

Monthly 2 HOUR Sessions  
Find out more and sign up at The Clubhouse

### Support groups

Fortnightly lunchtime group  
Every other Wednesday 12.30pm-1.30pm  
Find out more and sign up at The Clubhouse

*"The Clubhouse has helped me feel more comfortable with my life and look forward with hope"*

*\*It is important for us to create a safe environment at The Clubhouse and therefore we have the right to refuse anyone who is deemed to be under the influence or intoxicated.*



[www.silkworthlodge.co.uk](http://www.silkworthlodge.co.uk)